

Weekly Cash Flow Tracker

A Helpful Worksheet for BLAIWOC To
Figure Out Where Their Money Is Going





Hey Sis,

I'm so glad you're here. Right here. In this exact moment, reading these words, choosing to be present with yourself and your money. Let me start by saying this:

I'm proud of you. I'm proud of the part of you that said yes to this download. The part of you that is open, willing, and curious enough to try something new.

That willingness is powerful. It's the seed of transformation. This simple tool, your weekly cash flow tracker, can spark more good in your life than you may even realize right now. I know what it's like to feel overwhelmed. To look at your money and not know where to begin. There's so much information out there that it can feel loud and confusing. And let's be real, sometimes we also get in our own way.

I've been the queen of procrastination when it comes to money.

But I've learned that I don't have to have it all figured out to start.

I just have to be willing. Over time, I've learned to meet resistance with compassion. I've released negativity and opened myself up to growth. Growth isn't always easy, but it leads to elevation. And elevation changes everything.

And now here you are, doing the same. You're taking action. You're shifting your reality. You're doing the work, and I see you. Keep going. You're not alone in this. I'm right beside you.

With love,

Leah



Where Is My Money Going?

Purpose: This worksheet will shed light on your cash flow and is designed to help you identify the flow of money coming in and out of your bank account every week. Use this tool to enter the amount of income you receive and the expenses paid in the rows and columns for each week. Review the amount of money leftover at the end of each week to see if you have enough cash for the following week.

Questions to consider: Do I have enough money to cover my expenses throughout the month? What week during the month are things tight? When do I have a surplus?

Watch the Weekly Cash Flow Tracker Tutorial to assist you. [\[VIDEO LINK\]](#)

Income Sources

	1st - 7th	8th-14th	15th-21st	22nd - 31st
Bank Account Balance Before Deposit				
Full Time Job				
Part Time Job				
Self-Employment				
Child Support				
Other				
Total Income				
Bank Account Balance After Deposits				

Expenses

	1st - 7th	8th - 14th	15th - 21st	22nd - 31st
Bank Account Balance Before Expenses				
Rent/Mortgage				
Utilities				
Cable/Internet				
Gas				
Groceries				
Credit Card Payments				
Car Insurance				
Car Payment				
Childcare				
Eating Out				
Gym Membership				
Savings				
Bank Account Balance After Expenses				



Are you ready to level up
and create a plan for
your money that works
for you?

Leah Davis works with bold, rebellious women of color who are done shrinking themselves to fit systems that don't honor them.

She guides women experiencing financial trauma and financial anxiety through a healing-centered approach to financial coaching.

Rooted in spirituality, universal laws, emotional awareness, and financial education, Leah supports women in recognizing their emotional responses to money, and help them align their financial habits and behaviors with their desired outcomes.

Schedule your free 45-minute Prosperity
Chat today!

[\[Click Here for Calendly Link\]](#)